

## The 5-Step Model

## Explanation of the John Wimber Prayer 'Non-Model' Model

<p><b>1. Interview</b></p> <ul style="list-style-type: none"> <li>▪ Ask what you can pray for</li> <li>▪ Listen well</li> <li>▪ Be sensitive to the Holy Spirit</li> </ul> <ul style="list-style-type: none"> <li>- Inspirations</li> <li>- Dreams and visions</li> <li>- Impressions</li> <li>- Scripture verses</li> <li>- Pains in the body</li> </ul>	<p><b>General guidance</b></p> <ul style="list-style-type: none"> <li>▪ Get your spiritual antennae up and wait for Jesus' prompting on all occasions. Let him guide you to the person to pray for by words of knowledge, pictures or his direction.</li> <li>▪ It is your job to be as loving as possible and to listen to the person and to God and follow God's lead – He does the healing not you.</li> <li>▪ Try to make sure you don't make the person feel ashamed or inadequate in any way.</li> </ul> <p><b>Purpose of interview</b></p> <p>To ask open-ended questions to find the origin, history, scope &amp; significance of the prayer topic. i.e. to find out how to pray – Jesus sometimes knew what to pray for and sometimes he asked the person.</p> <ul style="list-style-type: none"> <li>▪ We want people to feel cherished by the prayer – allow the person to tell their story &amp; put the problem in context. Give them your full attention. Don't get involved in technical medical stuff – we don't need to know that - so you can be direct with questions, but do it lovingly.</li> <li>▪ "Being heard can have a profound healing value – intensive listening is indistinguishable from love &amp; love heals". Ken Blue</li> <li>▪ Also good listening leads to deeper disclosure.</li> </ul> <p><b>Suggested questions</b></p> <ul style="list-style-type: none"> <li>▪ What's the problem/how can I pray? (unless you know from a word of knowledge)</li> <li>▪ When did it start?</li> <li>▪ Have you dealt with this problem in the past/Has anyone tried to help you before?</li> <li>▪ Do you know the cause of the sickness/pain?</li> <li>▪ Do you see sin or stress contributing to it?</li> <li>▪ What exactly does it feel like?</li> </ul>
<p><b>2. Diagnostic</b></p> <ul style="list-style-type: none"> <li>▪ Ask more questions</li> <li>▪ Go deeper</li> </ul>	<p><b>Why does the person have this condition?</b> Is it natural or supernatural? Sometimes this overlaps with the first step of the interview.</p> <ul style="list-style-type: none"> <li>▪ You may get words about relationships, past hurts, addictions, obsessions, opinions held against them, etc.</li> <li>▪ Sometimes you may 'see' pictures, maybe of body parts, maybe a warm glow – there's a whole host of ways God can give you revelation – listen hard and practise.</li> </ul> <p><b>The objectives</b> of Steps 1 &amp; 2 are to get to the point where we know enough about the person's condition to choose a prayer strategy.</p> <ul style="list-style-type: none"> <li>▪ Remember, although the person being prayed for should close their eyes, we should keep ours open—and our ears! This applies to the whole process.</li> </ul>
<p><b>3. Prayer Selection</b></p> <ul style="list-style-type: none"> <li>▪ Choose how to pray</li> <li>▪ Empty yourself, 'dial down'</li> <li>▪ Start by praying in tongues</li> </ul>	<p><b>Choose a prayer strategy</b></p> <ul style="list-style-type: none"> <li>▪ Pray to God about the situation and let Him tell you what and how to pray. God wants to heal but does he want to heal at this time? Ask Him.</li> <li>▪ Ask God how to intercede for a sick person so we can pray according to his will. We have the background from previous steps, but God may give us extra insight.</li> <li>▪ John Wimber suggests praying in tongues at this time – it is like putting up our spiritual antenna.</li> <li>▪ You may feel led to ask the person to pray for healing themselves – if they have faith for healing they may be healed as a result of their own prayers – this is the best kind of healing because it demonstrates the healing is from God not man.</li> </ul>

<p>(3. con'd)</p>	<p><b>We may receive words from God</b></p> <ul style="list-style-type: none"> <li>▪ A word of command (John Wimber used to say “I break the power of ... in Jesus’ name – or Stop it!!”)</li> <li>▪ A word of pronouncement (“I sense you will be healed in 5 days.”)</li> <li>▪ A prayer or a word of rebuke against an evil spirit. This can break a demon’s hold on a person, contain their powers &amp; eliminate their presence.</li> </ul> <p>Even when we are not confident about the correct way to pray, when we begin by asking the Holy Spirit to come he will show us.</p>
<p><b>4. Pray (and Watch!)</b></p> <ul style="list-style-type: none"> <li>▪ Start to pray</li> <li>▪ Lay on hands (appropriately)</li> <li>▪ Watch what God is doing</li> <li>▪ Ask them what God is doing</li> <li>▪ Avoid emotional 'work-ups'</li> </ul>	<p><b>This is the most complex step</b></p> <ul style="list-style-type: none"> <li>▪ At this point we should lay hands on the person, near the affliction. Get help if required from someone of the same gender or ask the person to put their hands on the spot and you cover their hands.</li> <li>▪ Invite the Holy Spirit to come.</li> <li>▪ Maintain the person’s dignity.</li> </ul> <p><b>Watch for the signs of the Holy Spirit</b></p> <ul style="list-style-type: none"> <li>▪ E.g. shaking, trembling, sobbing (response to God’s holiness), laughing (response to God’s grace), falling over.</li> <li>▪ Don’t get flustered or frightened - Wimber said he looked for healing, not neatness.</li> <li>▪ Watch for the signs of the enemy: evil spirits, demons.</li> </ul> <p><b>Pray and look for specific results</b></p> <ul style="list-style-type: none"> <li>▪ Monitor the person for signs of increase or decrease of pain.</li> <li>▪ It is important to ask for feedback, so don’t be afraid to ask questions. Is anything happening? What do you feel?</li> <li>▪ Do keep your eyes open. You don’t have to stare, but watch for the signs – you will recognise them with experience.</li> </ul> <p><b>Prayer assessment</b></p> <ul style="list-style-type: none"> <li>▪ When you come to a pause in the prayer you can start asking questions again. There’s no magic in this, so you can’t ‘break the spell!’ This assessment should be honest on everyone’s part – the candidate shouldn’t say, “I feel great” if they don’t, and the people praying shouldn’t assume that nothing is happening because they can’t see anything or that what they have done was wrong and hasn’t worked.</li> <li>▪ So ask!! What are you feeling? Has God said anything to you? Has the pain moved around, etc? Depending on the answer: <ul style="list-style-type: none"> <li>– If there is healing and it is complete, praise God and thank him.</li> <li>– If there is some healing and it isn’t complete – either keep praying or make another appointment to do it later, then praise God and thank him.</li> <li>– If there is no healing either get better info – more questions – or concede defeat for the time being but encourage the person to continue to seek prayer.</li> </ul> </li> </ul>
<p><b>5. Post-prayer Direction</b></p> <ul style="list-style-type: none"> <li>▪ Always treat people with dignity!</li> </ul>	<p><b>The aim of this bit</b> is not to show what a brilliant counsellor you are. It is:</p> <ul style="list-style-type: none"> <li>▪ To help the person walk in the Spirit</li> <li>▪ To safeguard them from further attack</li> <li>▪ To confirm their healing</li> </ul> <p><b>Post-prayer direction addresses the needs and responsibilities of the whole person.</b></p> <ul style="list-style-type: none"> <li>▪ Especially in cases of deliverance or sin, the person needs to change their life style and patterns of thought for permanent healing.</li> <li>▪ Things to suggest could be: stop sinning, go to church, pray and read the Bible, join a home group, wait.</li> </ul>